



Dear Parents/Carers,

Viking Ships

We have been delighted to see our pupils in 6B have produced amazing creations, completed as home learning. We are all very much aware that these are of such high quality because of parental involvement. I have become convinced that all local shops will have run out of split pins, cocktail sticks and lolly sticks, never mind copper spray paint! Thank you for supporting your son or daughter and I hope this was an enjoyable project to embark on at home. We will put some photographs on our twitter feed

@london_meed1. Not all home learning is quite as 'showy' as this, but all home learning requires parents to provide time, space and occasional support.

Super Song Club

Ollie Heath came to lead an assembly earlier this week because he wants to inspire our young composers and songwriters. If you would like your child to have a music club experience do, consider this. Leaflets are available in the lobby area, but the club will run on Tuesdays at a cost of £40 for the series. He asks that you book in advance.

Requests for Withdrawal from Learning

London Meed parents and carers are aware that permission for absence in school time can only be granted in exceptional circumstances. We do always need to receive requests for holidays in term time, but do be aware that we share this information with the Local Authority who can decide to apply a Fixed Penalty Notice, this is a fine of £60 per parent per child. Absences in May and June are the most difficult for teaching staff to manage because this is when annual assessments take place, so please do everything possible to avoid absence during these months. National Tests take place for pupils in Y6 during the week beginning 9th May and we need 100% attendance during that week.

Inset Days 2017-2018

We know that parents/carers are thinking about holidays for next summer. We have set our Inset days for the next academic year. You will note that two Inset days are either side of the October half term and two Inset days either side of the May half term to give parents/carers an opportunity to take a longer holiday. All dates can be found on the school calendar on our website.

Inset Days 2017-2018

Monday 4th September 2017

Friday 20th October 2017

Monday 30th October 2017

Friday 25th May 2018

Monday 4th June 2018

Cross Country

Sam F and Charlie F, Y6, represented London Meed at a Mid Sussex Cross Country event on Wednesday 18th January at East Court, East Grinstead. Both boys did amazingly well despite the cold weather. They are now through to the next round at Hickstead on 11th February where they will compete on behalf of the Mid Sussex team against other teams in Sussex. The boys would like to express their thanks to their Mums and Ms Johnson for cheering them on.

Naming items

The School Council did a great job sorting through the lost property last week. There were a lot of unnamed and unclaimed items which will now be put in the Bags2school collection. Please can you ensure that all clothing, coats, bags etc are named so items can be returned to their rightful owner.

Look after the vulnerable

The impacts of the cold weather are worse for the young, elderly and those with pre-existing medical conditions and we encourage you to consider those in these categories. If you know or look after someone you may be susceptible to the effects of this cold weather period, please help make sure that they stay warm and well.

- Stay tuned in to weather forecasts
- Check and maintain daytime room temperatures of 21C
- Check bedroom night time temperatures and maintain it at 18C or warmer
- Keep warm and active and if you have to go out dress warmly and wear non slip shoes.
- If you are concerned about your own health or welfare or that of others, please alert the emergency services.

Winter Colds

This is the season for coughs and sneezes. It is important that our youngest pupils know how to prevent the spread of illness, so if your son or daughter comes out of school with a runny nose; please make sure they know how to blow their nose; throw away the used tissue and wash their hands using soap.

Helping your child to see these actions as a sequence will help minimise the risk of infection in your house as well as at school. Please do provide your child with a packet of tissues to keep in their pocket to use. If we believe children to be too unwell to be at school we will advise you of this, but coughs and colds can usually be managed at school, provided your child can do the above.



Norovirus

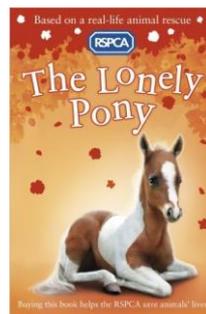
Norovirus, also known as the winter vomiting bug, is the most common stomach bug in the UK.

NHS Choices, in collaboration with the Food Standards Agency, has put together information to help schools and parents understand Norovirus, from detection to prevention.

Because the virus is highly contagious, children who have Norovirus symptoms must remain off school for 48 hours after the last episode of vomiting or diarrhoea to stop the spread of infection with other children or staff.

Book Review

The Lonely Pony by Sarah Hawkins for the RSPCA



Polly the Pony is thin, frightened and needs love. It is based on a real RSPCA animal rescue. I like these books because they have lots of pictures and are full of adventure. I would recommend this book to ages 7 and up. Isabella B Y6

Diarrhoea and vomiting in children

There's no specific cure for stomach bugs such as **Norovirus**. See tips to reduce the spread and treat symptoms

Keep kids home from school for 48 HOURS after symptoms have passed. This is enough time to let the virus run its course.

If your child already has a serious illness, or symptoms last longer than a few days, contact your GP to seek advice. Visit nhs.uk/norovirus for more.

Washing hands frequently and thoroughly helps limit the spread of the virus.

25 different strains of norovirus are known to affect humans. They're the most common cause of stomach bugs in the UK.

Home Treatment

- Liquid paracetamol is useful for fever or aches and pains.
- Give kids plenty of water to stay hydrated and replace lost fluids.
- If your child feels like eating, give them foods that are easy to digest.

Dates for your Diary for the Autumn Term.

(Further dates for the academic year can be found on the calendar on our website)



(More information to follow)

JANUARY

25th No choir

26th LMA Bags2school

31st No band

FEBRUARY

16th The Orchard Night in the Museum

Pyjama Party at 5pm

17th Last day of half term

20th – Half term

24th First day back after half term

27th

MARCH

14th Parent Consultations 3-5pm

16th Parent Consultations 3-7pm

APRIL

7th Last day of term

10th -21st Easter break

24th First day back after Easter break

Other News

Bags2school – 26th January

Just a quick reminder that Bags2school are due in school on Thursday 26th January at 8.30am in the small hall. Please do not bring bags into school before this date as the school do not have the storage capacity.

There are spare bags available at the office should you require extra or you are able to use normal bin liners.

The bags will be collected during that morning.

The LMA

Poppy Appeal

Thank you very much for helping with the Poppy Appeal. £233.09 was collected by you. With your help we would be unable to continue our vital welfare and benevolent work. The total for our local district was £24,607.10. The Royal British Legion

Holiday on Ice

The raffle winners – the Kerr family - wanted to express their gratitude to whoever donated these family tickets for our LMA Christmas Bazaar. They had a really super time and it really was fun for all the family. The raffle does raise much needed funds, so we are all very grateful for ALL prizes donated.