



"Coronavirus affects many kinds of people and everyone can help fight it," said Sara's mum.  
"Children can help too."





Sara took flight, with her new friend Ario, to tell children across the world how to stay safe.





"We have to stay at home for now," said Sasha.  
"At first, it felt weird, but we can still play games,  
read books and play in the garden."





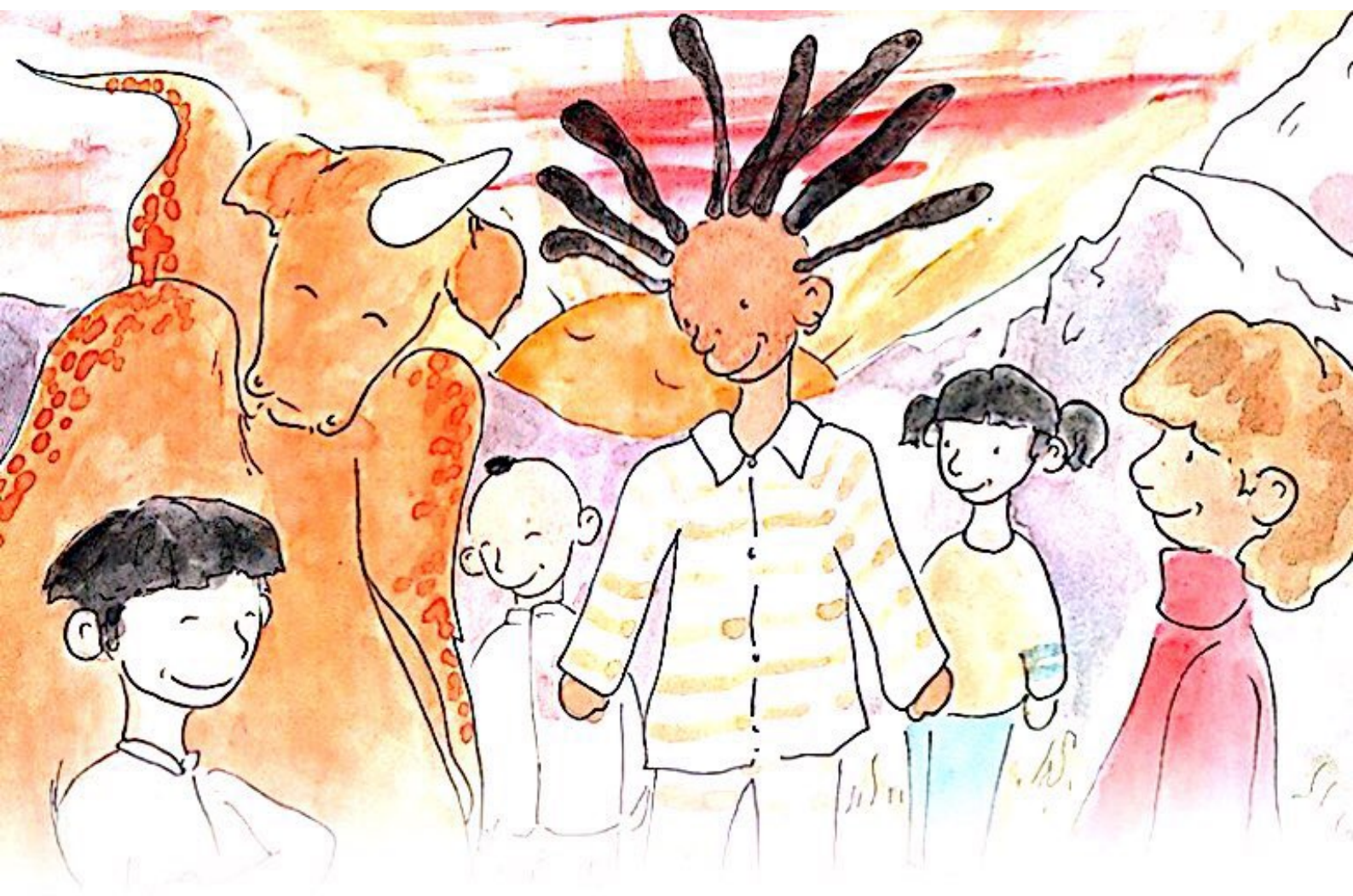
"We know how to stay safe," said Leila. "We don't get too close to each other, wash our hands with soap and water and cough into our elbows."





"Think about a time when you felt safe," said Ario. "You can go to your safe place whenever you feel sad or afraid."





"Just because Kim had the coronavirus," said Kim's friend, "we didn't stop being friends."





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