



Secure Attachments - Robust Learners- Building Futures

## Your Space Therapies are pleased to present a Therapeutic Parenting Course for parents of children attending London Meed Primary School

We are a counselling and play therapy service that work holistically with schools, parents and professionals supporting vulnerable children. We help children and their communities to have good mental health, resilience to learn and be the best they can be.

## **Boosting the Bond**



For the BEST relationship with your child

18th March 2020 6-8pm

**Venue:** London Meed Primary School, Chanctonbury Road, Burgess Hill, RH15 9YQ.

*Tickets available via Online Booking system Course capacity: 40* 

For a number of years London Meed has maintained a contract with Your Space to provide counselling for pupils at school.

Now, Your Space Therapies are offering a unique and down-to-earth course for parents and carers in providing practical ways to have the best relationship with their children. The course will offer an overview of children's emotional brain development and offers practical strategies and theraplay games to develop strong emotional bonds and help parents therapeutically manage children's anxiety or challenging behaviours.

**About the trainer:** Emma Connor is a Child Psychotherapist, MA, UKCP, Director, Consultant and Trainer for Your Space Therapies. Emma is a senior lecturer at the Institute for Arts and Therapy in Education as well as working in various schools providing therapy for children and therapeutic support for families.