



London Meed Primary School Newsletter

6th Oct 2025

Bravery Curiosity Resilience Community Respect

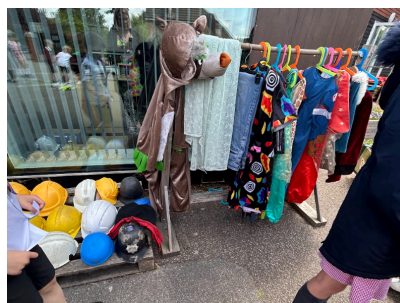
What a lovely week we had last week. We started the week with the children having their individual photos taken. Some of our Year 3 and Year 4 children took part in a netball festival and had an amazing time including being presented with certificates in Friday's assembly. Our Year 6 children had an AMAZING time at their residential for three days. They got to try zip wires, climbing a very tall thin pole to a platform and trying to fit 4 children on top, raft building (including falling in), the giant swing, orienteering and fencing. The children were a delight to be with even when they didn't want to go to sleep! Thank you for all the Junior Governor nominations - we have had so many and we cannot wait to look through them all.

This week, we have Year 5 swimming. We are then interviewing for the Junior Governors on Tuesday afternoon. Year 1 are going to Wakehurst for a fantastic trip exploring nature. We also have Hello Yellow Day on Friday so please remember to send your child in wearing something yellow alongside their school uniform. We have some of our Year 5 children visiting Burgess Hill School for girls on Friday afternoon for a Science day which should be so exciting.

OPAL - Outdoor Play and Learning:

Attached with this newsletter is an introductory letter for Parents and Carers about the OPAL project we are starting officially in December. Your child has hopefully come home and told you all about some of the exciting changes we have begun to make, especially linked to resources and play equipment such as using the MUGA (Multi Use Games Area), the tightrope and the tyres and planks on the field. The children have been using the field more than previously and we are aware that the children's shoes are starting to get muddy. Therefore after half term, especially as the weather is beginning to change and become more varied, we are asking that your child brings in a pair of wellies, clearly named in both wellies, that can be kept in school. We are buying welly storage for every class so that the wellies can be safely stored. They will then be able to put their wellies on before going out to play both at playtime and at lunchtime hopefully keeping their shoes much cleaner. We also ask that your child has a waterproof coat that can be kept in school. With OPAL, the children have access to the field all year round and go out to play in the rain - the only weather they don't go out in is torrential rain or thunderstorms so a waterproof coat is essential. They can have waterproof trousers as well which can be kept in their lockers or on their pegs. We have already seen an improvement in behaviour especially after lunch since starting this project and we know that this will continue to improve as we begin the project properly and build up the resources available to children.

For the next few weeks, we would really like to build up our dressing up clothes that the children can use outside. We are looking for the following items but would welcome any types of donations - hats, coats, jackets, waist coats, scarves, dresses, tops, trousers, handbags, shoes, buggies, shopping bags, any type of shop bought dressing up clothes, hard hats, high vis, aprons, suitcases, shopping trolleys, baskets. Please see photos below taken from another school's dressing up area.





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Year 3 and 4 Netball Festival

A group of Year 3 and 4 boys went to Downlands school to take part in a Netball festival on Wednesday morning. They took part in a variety of activities to support their development of the fundamental skills needed when playing netball. They were fantastic representatives of London Meed and Mr. Baker was super impressed with their behaviour and netball skills. Well done, boys!



Year 6 Residential:

The children had such an amazing time at Windmill Hill PGL centre. We arrived Wednesday in time for lunch and then got stuck into our first two activities before dinner. We then played an evening game of Balloon splash where our instructor got hit with a water balloon at the end. Then it was bed. On Thursday, we were up early and had a whole day of activities including all aboard (picture below) where four of us had to stand on top of the tower. It was fun and scary! We did the zip wire, fencing, raft building, the giant swing, fencing, orienteering, problem solving and the sensory trail. We then had a campfire that evening. On Friday we had to be up really early for breakfast and to pack. We then did our last two activities before lunch and getting the coach home. We had a brilliant time but we were so exhausted! Please keep an eye on the Year 6 Google Classroom this week, as Mr Terrill will be uploading pictures from the trip.





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Let's talk about kids and smartphones

Come along to an open, non-judgemental conversation about the impacts of smartphones on children and young people

Our guest speakers include

**Mandy Marshall-Taylor - Panel Host**
As a Naked Truth Project Associate, Mandy works to educate and raise awareness of the harmful effects of pornography on children and young people.

**Dr. Eleanor Mason**
A West Sussex NHS GP for 12 years, Eleanor brings unique insights into the impact of smartphones on children's mental health.

**Mr. David Smith**
As Head Teacher of Fulham Boys School, David has led groundbreaking reforms to completely remove smartphones from school.

**DCI Luke Kyriakides-Yeldham**
Part of Sussex Police's Online Child Abuse Team, Luke shall address the dangers of indecent image sharing, sexting, sextortion, and online grooming.

**Tom Rutland MP**
Tom Rutland is the Labour MP for East Worthing and Shoreham.

Where
Shoreham Academy, Kingston Lane, Shoreham-by-Sea, BN43 6YT

When
Thursday 23rd October 2025 18:30-20:30
Doors open 18:00 for a prompt start

Book Now
(<https://luma.com/t/3z4hd8v>)

Smartphone Free Childhood is a grassroots movement bringing families together to stand up for healthier, happier childhoods. WEBSITE: SMARTPHONEFREECHILDHOOD.ORG SOCIALS: @SMARTPHONEFREECHILDHOOD

Smart Phones:

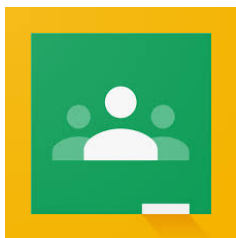
Please see the flyer below about a meeting around children and the use of smart phones. This may be really worthwhile as children's use of technology increases. Please use the flyer to book.

Bonfire Procession:

On Saturday 27th September Burgess Hill celebrated their annual procession through the town culminating in a fantastic firework display. Elora (3N) and Jovie (6H) really enjoyed walking in the parade representing Walkhouse School of dance, and Burgess Hill Theatre Club. Edie (Y1) and Henry (Y3) also joined in.



Phonics Bug passwords have been reset to Autumn25 due to the change in classes on the system. Once you have logged in you have the option to reset this to a password of your choice



Google classrooms were reconfigured in the first week of September for all the new classes. Please see the class codes below. We received a large number of requests to reset accounts, please keep your passwords safe as we do not have access and will need to reset the accounts!

EYFS: mcjjregk Year 1: vxqxecmw Year 2: nto2tyhi Year 3: si4orbtc
Year 4: sgo6rcjd Year 5: nyrv4vvg Year 6: m36lztb5



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Please come to school on the 10th October wearing one yellow item.

Donations can be made via the QR Code above

This Autumn we are excited to announce a school writing competition for Years 2 to 6 - Spooky Stories to Read at the Meed.

Spooky Stories to Read at the Meed

It is optional.

If your child wants to take part they must go to Miss Tooes's classroom 3T at lunch time. They will receive a character and an event (e.g. a witch and a tea party). Both must be in the story somewhere for the entry to count but they do not have to be the main character or main event of the story.

We would prefer it to be handwritten but if your child struggles with this then it can be typed and printed.

PRIZE:
£10 BOOK TOKEN

CLOSING DATE: FRIDAY 24TH OCT

WORD LIMIT:
KS1 IS 100 WORDS OR LESS
KS2 IS 250 WORDS OR LESS



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London Meed Hero Awards

Class	Name	Award
1M	Kristin	Joining London Meed with a great big smile. Kristin has shown she is ready to learn and is always respectful. Kristin has impressed me this week with her ability to tell the story of the Deep Dark Wood using a story map. Well done Kristin!
1C	Maxen	For working incredibly hard on your story map that will help you retell 'The Deep Dark Wood'. You have shown curiosity, resilience and respect towards your English and Maths work this week.
2O	Murphy	For trying really hard not to call out and for demonstrating curiosity in all learning as well as resilience when learning cursive handwriting.
2S	Fable	For always being ready to learn. You have demonstrated a passion for maths and you are keen to challenge yourself at every opportunity. Well done Fable, keep up the great work!
3T	Toby	Writing a fantastic retelling of Stone Age Boy in multiple parts. You've used exciting vocabulary including adjectives, the five senses, adverbs of place, time and manner, and similes. I am consistently impressed by your writing ability.
3N	Faris	For being kind, resilient and respectful! Faris has also worked hard to create his own story while remembering to include adjectives and noun phrases. He helps others where he can, and always plays nicely with his friends. Well done, Faris!
4SB	Joe	For settling into London Meed BRILLIANTLY! Joe is always ready to learn, is happy to share his great ideas and is kind and respectful to everyone. Well done Joe!
4A	Benjamin	For producing a super first person recount, writing from the point of view of a prehistoric pebble. Great work!
5B	Ela	For settling into our class so well. Ela always shows she is ready to learn, respectful to others and safe in everything she does. She works hard, is polite and is already a wonderful part of our class community.
5M	Ryan	For writing a superb newspaper report about the Viking raid on Lindisfarne. You can confidently use relative clauses, conjunctive adverbs and parentheses in your writing which is a fantastic achievement. You should be extremely proud of yourself! Well done, Ryan!



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Forthcoming diary dates

Date	Event
8th October	Open morning for new Reception starters September 2026
10th October	Year 1 - Wakehurst trip
10th October	Wear Yellow for £1
10th October	Science afternoon at Burgess Hill Girls School - Year 5 girls
15th October	Bug Club Parents Workshop Years EYFS, 1 & 2
17th October	Year 4 - Natural History Museum Trip
22nd October	6 Weeks in meeting for current Reception Parents and Carers
22nd October	Harvest festival - donation for harvest in today please
23rd October	6 Weeks in meeting for current Reception Parents and Carers
23rd October	LMA - Discos (Year 1 - 6)
24th October	Reading Raffle and extra play time for House Point winners
24th October	Deadline for our Spooky Read competition with Miss Tooës
24th October	LMA - 'Tiger Who Came To Tea' Tea Party (EYFS)
27th October - 3rd November	Half Term
3rd November	INSET Day - School Closed
5th November	Open morning for new Reception starters September 2026
11th November	Parent's Evening
12th November - change of date	Parent's Evening
14th November	Children in Need
19th November	Open morning for new Reception starters September 2026
21st November	LMA - Movie Night
26th November	LMA - Wreath Making
26th November	Open morning for new Reception starters September 2026
3rd December	Open morning for new Reception starters September 2026
3rd December	Elf Run
5th December	Year 1 and Year 2 nativity dress rehearsal
5th December	Christmas Fayre



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8th December	Year 1 and Year 2 nativity at 2.00pm
9th December	Year 1 and Year 2 nativity at 9.30am
10th December	EYFS nativity dress rehearsal
11th December	EYFS nativity at 2.15pm
12th December	EYFS nativity at 10.00am
12th December	Christmas Jumper Day
12th December	Junior Governors trip to London
16th December	Carol concert rehearsal KS2
17th December	Children's Christmas Party Day including Christmas lunch
18th December	Carol Concert KS2
19th December	School finishes at 1.30pm for the Christmas holidays
22nd December - 5th January	Christmas Holidays
5th January	INSET Day - School Closed

PE Days

Please remember to send your child in their PE kits on their allocated PE day below:

Apples - Monday and Friday
 Cherries - Monday and Friday
 Yr1 - Tuesday and Thursday
 Yr2 - Monday and Wednesday
 Yr3 - Tuesday and Thursday
 Yr4 - Thursday and Tuesday
 Yr5 - Tuesday and Thursday
 Yr6 - Wednesday and Friday



IS MY CHILD TOO ILL FOR SCHOOL?

It can be tricky deciding whether or not to keep your child off school, nursery or playgroup when they're unwell.

There are government guidelines for schools and nurseries about managing specific infectious diseases at GOV.UK. These say when children should be kept off school and when they shouldn't. For more guidance please visit <https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

If you do keep your child at home, it's important to notify the school on the first day before 9.20am to let them know that your child won't be in and give them the reason. You can leave a message on the absence line 01444 232336 or report their absence on the [Study Bugs App](#).

If your child is well enough to go to school but has an infection that could be passed on, such as a cold sore or head lice, please let their teacher know via their year group email address.



25/26 | Term Dates

AUTUMN | Wed 3rd Sept
 –
 Fri 19th Dec

Half Term 27th Oct – 31st Oct

INSET DAYS: 3rd Sept & 3rd Nov

SPRING | Mon 5th Jan
 –
 Fri 27th Mar

Half Term 16th Feb – 20th Feb

INSET DAYS: 8th Jan & 23rd Feb

SUMMER | Mon 13th Apr
 –
 Wed 22 July

Half Term 25th May – 29th May

INSET DAYS: 1st June





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For all our families with younger siblings, our Open Days are now available to book (please visit our website). Please find below a WSCC poster with all the information and links you will need to apply for your child's primary school space

Apply online at:
westsussex.gov.uk/admissions



Was your child born between 1 September 2021 and 31 August 2022?

If so they are eligible to start school
in September 2026

Apply online!

It's simple, convenient and time-saving.
If your application is received after the deadline,
your chance of securing a place at one of your
preference schools could be seriously affected.

You can apply online from
Monday 6 October 2025.
If you would like further advice or
information, phone: **03330 142 903.**

Deadline: Thursday 15 January 2026

Free internet access to apply online is available at all West Sussex libraries.



WS110(M) 08.25



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London Meed are proud to support The Pantry again this year by collecting much needed donations for members of our local community. They are looking for:

Small boxes of tea (normal, herbal or decaf), Coffee (normal or decaf), Ketchup / Mayonnaise / Salad Cream Cereal, Washing up liquid, Biscuits, Laundry detergent, Shower gel, Shampoo & Conditioner Feminine hygiene products, Fruit juice (UHT), Milk (UHT), Sugar, Hot chocolate, Pasta sauces Please bring any donations to the office.

Thank you!

More Experts by Experience sessions available from West Sussex Mind

West Sussex Mind Parenting Service have more free Experts by Experience sessions planned over the coming months aimed at parents and carers:

- Wed 29 Oct: Supporting children and young people with identity development, 7.30pm - 9.30pm
- Wed 12 Nov: Supporting masking behaviours in neurodivergent children and young people, 7.30pm - 9.30pm
- Wed 10 Dec: Supporting children and young people who self harm, 7.30pm - 9.30pm
- Wed 21 Jan: Supporting self-esteem in children and young people, 7.30pm - 9.30pm.

You can book your ticket and find all the other upcoming training courses and events run by West Sussex Mind on their Eventbrite page: <https://www.eventbrite.co.uk/o/west-sussex-mind-8288439768>

Looking for help?

Come along for a cuppa, cake & a warm welcome at

Burgess Hill One Stop Support Shop

Held on the third Thursday each month
11am-1pm at The Salvation Army

There will be a wide range of services to offer residents free, face-to-face support and practical advice – all under one roof.

If you have any questions please call Burgess Hill

Town Council on

01444 247726

Upcoming dates

2025:

18 September

16 October

20 November

18 December

2026:

15 January

19 February

19 March

16 April

21 May

18 June

16 July

Full address: 34 Cyprus Rd, RH15 8DX
Nearest parking: Cyprus Road Car park, Crescent Way

Co-organised by

Burgess Hill befriended
Town Council



A roarsome outdoor adventure this autumn!

18 October – 2 November 2025

ZOG™

Wakehurst

Book now at kew.org/wakehurst

Royal Botanic Gardens Kew

Drum Lessons with Milo



Learn to play the drums in school. No need to have a kit at home. Grooves, fills, reading, songs with backing tracks and grades all covered. Individual or shared lessons. 30 years professional playing experience and over 20 years teaching in schools. See www.milofell.com for more information.

Contact milofell@hotmail.com



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Umbrellas

Parent Support Group
Autumn Term 2025

Would you like to connect with other local parent carers?

If you are a parent or carer of a child or young person with special educational needs and disabilities in West Sussex, please join us at one of our local support groups or from the comfort of your own home.



EMPOWER

INFORM

SUPPORT

Shoreham Umbrellas

Tuesdays, 10 am - 11.30 am

Adur East Family Hub (Shoreham)

9th Sep / 7th Oct / 4th Nov / 2nd Dec

Littlehampton Umbrellas

Wednesdays, 10 am - 11.30 am

Creative Heart Community Hub (upstairs)

10th Sep / 8th Oct / 5th Nov / 3rd Dec

Worthing Umbrellas

Tuesdays, 10 am - 11.30 am

Durrington Community Centre

16th Sep / 14th Oct / 11th Nov / 9th Dec

Horsham Umbrellas

Wednesdays, 10 am - 11.30 am

Horsham Family Hub

17th Sep / 15th Oct / 19th Nov / 17th Dec

Chichester Umbrellas

Thursdays, 10 am - 11.30 am

Donnington Parish Hall

25th Sep / 23rd Oct / 20th Nov / 11th Dec

Burgess Hill Umbrellas

Tuesdays, 10 am - 11.30 am

The Cherry Tree Centre

23rd Sep / 21st Oct / 25th Nov / 16th Dec

If you would like more information about our Umbrellas Support Group or would like the link to join Umbrellas online, please contact the outreach team.

Email:
outreach-training@reachingfamilies.org.uk



www.reachingfamilies.org.uk

Umbrellas Online Thursdays via Zoom

11th Sep	7.30 pm - 9 pm
9th Oct	7.30 pm - 9 pm
6th Nov	7.30 pm - 9 pm
4th Dec	7.30 pm - 9 pm



October Half Term Mindfulness Pony Day for Kids!

Date: Wednesday 29th October 2025

Time: 9am - 2pm

Location: Ponies 'n' Kids, Eaton Thorne Stables, Woodmancote, Nr Henfield, W.Sussex, BN5 9AG

Join us for a magical day designed especially for children ages 5-11! Dive into a world of peace, friendship, and mindfulness, all while experiencing the calming presence of our adorable ponies.

What to Expect:

🐾 **Mindfulness Time with Ponies:** Learn calming techniques and emotional regulation skills while spending quality time with our gentle ponies.

🐾 **Pony Care:** Discover the joys of caring for ponies through grooming, feeding, and building a bond.

🐾 **Riding and Mounted Games:** Experience the joy of pony rides and engage in fun, team-based games that promote confidence and cooperation.

🐾 **Connect with Nature:** Immerse yourself in the tranquillity of our beautiful, quiet stables and serene surroundings.

🐾 **Make New Friends:** Build connections and friendships with other children in a supportive, nurturing environment.

Scan the QR code or click this link to book: [Mindfulness Pony Day 29th October 2025](#)



Cost: £140 per child

Spaces limited to 15 children

We are an inclusive team and warmly welcome children with Special Educational Needs and Disabilities (SEND). We celebrate diversity and are committed to providing a supportive environment where every child can thrive.



BH

Halloween Trail & Activities

Saturday 18th Oct to Sunday 2nd Nov, 10am-5pm

Something supernatural is brewing at Borde Hill and we need your help! The Powers Family is being haunted, and it's up to you to solve the mystery. Follow the story trail around the Garden to discover why Sir Haunt-A-Lot is unable to rest in peace. £4.50 per child, plus admission to include a prize, or free to Members.*

Activities in the Marquee*

Mon 27th & Thurs 30th: Reptiles, Tues 28th: Magic Shows

Weds 29th: Explosive Science Shows & Slime Making

Fri 31st: Spook-tacular Monster Parties & Disco

Sat 1st & Sun 2nd: Halloween Crafts

*additional charges apply and booking is required

*Family Membership for up to 3 children starts from £6.75 a month by DD, and includes school holiday trails worth up to £25.50 per child.

