



London Meed Primary School Newsletter

29th Sept 2025

Bravery Curiosity Resilience Community Respect

Last week, we started the week with the children having their flu vaccinations. They were so brave having these and told us the different flavours they thought they were. Year 5 are continuing their weekly swimming lessons and come back with huge smiles, telling us all how much fun they had. Some of our Year 3 and 4 girls participated in a football festival. They told the whole school about what they had to do in assembly on Friday, when they received their certificates and they had a brilliant time. As always, they were so well behaved and were fantastic ambassadors for our school. Year 2 went to visit Arundel Castle and had the most amazing time. They loved exploring all the different parts of the castle (including the keep and the oubliette), and trying on the outfits was a firm favourite. We had our first OPAL (Outdoor Play and Learning) meeting as a working group and we have some really exciting projects ahead of us for revamping playtimes and lunchtimes. We are hoping that once we have the Junior Governors nominated, they will be supporting us with this too. On Friday, Ms Leaney held a coffee morning in the staffroom for Macmillan Cancer Support. She raised over £100 from selling cake!

This week has started with individual photos in the small hall. The children have all come in looking so smart. Year 6 have been so excited about going on their residential trip to Windmill Hill this week. They are away from Wednesday to Friday and they are going to have such a fantastic time. They have got so many great activities to try from the giant swing through to raft building. We also ask that all Junior Governor nominations are in by this Thursday. This is open for all children from Year 2 through to Year 6.

Year 3 and 4 football festival

Ms. Harrison took 10 Year 3 and 4 girls to take part in a football festival at St.Pauls on Wednesday afternoon. They took part in a variety of drills and activities to develop their football skills. They all had a wonderful time and represented London Meed fantastically. Well done, girls!





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Year 2 trip to Arundel Castle

Year 2 had a fabulous trip to Arundel Castle. The children took part in a mock battle and explored the moat, turrets and battlements as well as the keep. They showed marvellous manners and listened extremely well. We enjoyed lunch outside due to lovely weather.



Our new Therapeutic Behaviour Approach and Policy:

We spent a lot of time last year training in a therapeutic behaviour approach. As a result, we have introduced a new policy, which is attached, that all school staff work to. This includes the use of a graduated approach, therapeutic tools to support those children who might find behaviour tricky, and an understanding of Childhood Adverse Experiences, which may include trauma and attachment. This is a working document, as we are also taking part in a year long project on behaviour called, 'When the Adults, Change, Everything Changes'. You will have seen some new aspects such as our daily 'Meet and Greet' and the children may have come home talking about the Recognition Board. This has replaced the 'sun and clouds' or 'traffic lights' that were in each class. Each class now has a Recognition Board where the teacher introduces a class behaviour for everyone to work on, and as they see them achieving this over the day, their name goes onto the Recognition Board. We have also introduced three new rules instead of our golden rules, which are 'Ready, Respectful, Safe'. We have introduced these to the children and we are asking all of our school community to use these. Alongside these, we have also introduced Wonderful Walking, Legendary Lining Up, Terrific Tidying and Marvellous Manners. We are introducing restorative conversations for when children's behaviour is not within our three behaviour codes. As recognition for those children who always do the right thing and follow our behaviour codes, they get chosen for Hot Chocolate Friday.

We are committed to teaching positive behaviours and supporting your children to meet our high expectations. Our inclusive learning environment has been created by adult behaviour that is both strong on boundaries and big on heart. We are delighted that the work we follow in school has been made accessible to families, and over the next few months we will be sharing some ideas in our newsletter. There are also monthly live events you can attend online. There is an hour-long 'Behaviour Book Club' session, hosted by Charlotte Clarke from When The Adults Change, online at 8:00pm on the last Thursday of each month. You can find the joining link for the Behaviour Book Club and to join the parent's group here.

[HOME | TheParentsChange](#)

If you'd like to learn more about the approach, you can buy a copy of 'When The Parents Change, Everything Changes' online here. [When the Parents Change | WhenTheAdultsChange](#)



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29th Sept 2025

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Please come to school on the 10th October wearing one yellow item.
Donations can be made via the QR Code above

Email: fsm@westsussex.gov.uk
Tel: 0330 222 5555



WSCC FREE SCHOOL MEALS

YOU CAN APPLY

You can find out if you are eligible via the website below. If your application is successful or you require any assistance please do not hesitate to contact our office



WHY APPLY?

- Free school meals ☒
- Financial support towards clubs ☒
- Uniform Vouchers ☒
- HAF Vouchers ☒
- School Trips & Visits Paid ☒

<https://www.westsussex.gov.uk/education-children-and-families/schools-and-colleges/free-school-meals/>

APPLY NOW



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29th Sept 2025

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London Meed Hero Awards

Class	Name	Award
1M	Eleanor	Always being ready, respectful and safe. Eleanor, you are a wonderful role model to others and a pleasure to have in our class. Keep up the GREAT learning!
1C	Indie	For wonderful and engaging writing when describing your monster. You worked so well remembering your phonics to help you write independently. You are a shining example for all our school values.
2O	The Whole Class	For showing that you are all respectful and for demonstrating resilience and bravery when climbing stairs, as well as curiosity for learning about Arundel Castle. I am very proud of you all. Well done.
2S	The Whole Class	For achieving a London Meed Hero award for being so respectful during our trip to Arundel Castle. You demonstrated Wonderful Walking and Marvellous Manners throughout the day. Well done 2S, keep up the great work!
3T	Eloise	Working hard and trying your best at everything you do. You have shown great resilience this week by completing every task set, even when you found parts tricky. We are all proud of you.
3N	Finley	Finley has worked hard really hard this week. He concentrates on tasks and demonstrates great resilience and determination to finish his work. He is kind, friendly and caring! We will miss him very much at London Meed! Well done, Finley, and good luck in your new school!
4SB	Oscar SB	For incredibly reflective and thoughtful ideas when thinking about 'A Pebble in my Pocket'. Oscar showed wonderful creativity when considering how the pebble experienced the time of the dinosaurs! Well done!
4A	Daisy	For being an excellent member of the class and school community. Always kind and respectful to others and ready to learn. She always does her best!
5B	Harrison	For always demonstrating an excellent work ethic. Harrison listens carefully in lessons, remains focused and completes tasks to a very high standard. What an amazing role model you are, Harrison!
5M	Rhys	For writing a fantastic orientation paragraph for your newspaper about the Viking attack on Lindisfarne. You have used a range of features that we would be expecting to see towards the end of Year 5! We are all extremely proud of you. Well done, Rhys!
6H	Evelyn	For always demonstrating our school values and being an outstanding role model for our school community. Evelyn follows school rules and is ready and respectful at all times. Fantastic effort Evelyn!



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29th Sept 2025

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6D	Cadi	For showing a sense of community by being kind and respectful to her classmates and trying to ensure that everyone feels included. Well done, Cadi!
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Forthcoming diary dates

Date	Event
29th September	School photos - Individual
1st-3rd October	Year 6 - Residential Stay
8th October	Open morning for new Reception starters September 2026
10th October	Year 1 - Wakehurst trip
10th October	Wear Yellow for £1
10th October	Science afternoon at Burgess Hill Girls School - Year 5 girls
17th October	Year 4 - Natural History Museum Trip
22nd October	6 Weeks in meeting for current Reception Parents and Carers
22nd October	Harvest festival - donation for harvest in today please
23rd October	6 Weeks in meeting for current Reception Parents and Carers
23rd October	LMA - Discos (Year 1 - 6)
24th October	Reading Raffle and extra play time for House Point winners
24th October	LMA - 'Tiger Who Came To Tea' Tea Party (EYFS)
27th October - 3rd November	Half Term
3rd November	INSET Day - School Closed
5th November	Open morning for new Reception starters September 2026
11th November	Parent's Evening
12th November - change of date	Parent's Evening
14th November	Children in Need
19th November	Open morning for new Reception starters September 2026
21st November	LMA - Movie Night
26th November	LMA - Wreath Making
26th November	Open morning for new Reception starters September 2026
3rd December	Open morning for new Reception starters September 2026



London Meed Primary School Newsletter

29th Sept 2025

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3rd December	Elf Run
5th December	Year 1 and Year 2 nativity dress rehearsal
5th December	Christmas Fayre
8th December	Year 1 and Year 2 nativity at 2.00pm
9th December	Year 1 and Year 2 nativity at 9.30am
10th December	EYFS nativity dress rehearsal
11th December	EYFS nativity at 2.15pm
12th December	EYFS nativity at 10.00am
12th December	Christmas Jumper Day
12th December	Junior Governors trip to London
16th December	Carol concert rehearsal KS2
17th December	Children's Christmas Party Day including Christmas lunch
18th December	Carol Concert KS2
19th December	School finishes at 1.30pm for the Christmas holidays
22nd December - 5th January	Christmas Holidays
5th January	INSET Day - School Closed

PE Days

Please remember to send your child in their PE kits on their allocated PE day below:

- Apples - Monday and Friday
- Cherries - Monday and Friday
- Yr1 - Tuesday and Thursday
- Yr2 - Monday and Wednesday
- Yr3 - Tuesday and Thursday
- Yr4 - Thursday and Tuesday
- Yr5 - Tuesday and Thursday
- Yr6 - Wednesday and Friday

25/26 | Term Dates

AUTUMN
Wed 3rd Sept
Fri 19th Dec
Half Term 27th Oct – 31st Oct
INSET DAYS: 3rd Sept & 3rd Nov

SPRING
Mon 5th Jan
Fri 27th Mar
Half Term 16th Feb – 20th Feb
INSET DAYS: 5th Jan & 23rd Feb

SUMMER
Mon 13th Apr
Wed 22 July
Half Term 25th May – 29th May
INSET DAYS: 1st June



London Meed Primary School Newsletter

29th Sept 2025

Bravery Curiosity Resilience Community Respect

Welcome To LMA Corner 29/09/25



News

Welcome to our new Committee Members

We have some great news to share - our LMA Committee has two new members representing Reception! Please join us in welcoming Natalie and Lauren. We're so excited to have new faces on board so early in the year, and we know they'll bring fantastic ideas and lots of energy to the team.

Christmas Fair Preparations Underway

Our Christmas Fair team had their first meeting last week, and planning is already in full swing. This year the fair will be held on a Friday, so it may look a little different - but rest assured, it will be every bit as Christmassy, with plenty of fun for children and adults alike. And yes... there will be a few surprises! 🎁

Events Update tickets @ pta-events.co.uk/londonmeed

🐯🌟 The Tiger Who Came To Tea Party 🐯🌟 Friday 24th October

🎫 Tickets are just £3.50 per child and available now via PTA Events

👤 Please note: parents/carers must attend and join in the fun!



🎃👻 Halloween Disco 🎃👻 Thursday 23rd October. 🌐

👁️ If your child would benefit from a heads up about what's inside, drop us a message and we'll be happy to help.

🎨 **Facepaint/costumes - KS1 can bring a costume from home but they need to be able to put this on independently (as much as they can), no facepaint or makeup. KS2 can come dressed as they want with makeup/facepaint as long as it's all done at home.**

🎫 Tickets £3.50 each – grab yours now before they disappear into the night!



🎅🌟 HO, HO, HO! Christmas is coming!! 🎅🌟

We're starting to make plans for our Christmas Fair on Friday 5th December - can you help? You can join the planning team on WhatsApp (or down the pub), or if you're able to spare 20 minutes on the day to run a stall, we'd be very grateful! Drop us a message 🎅👋



🌟🌟 Grown-Ups Only: Festive Wreath Making Night 🌟🌟

Join us for a special evening of creativity and Christmas cheer on Wednesday 26th November, 7:30–9:30pm.

✂️ Create your own stunning festive wreath with expert florist Helen from Flowers by Table of Tales 🍷 Enjoy a glass of mulled wine & a mince pie while you craft 🌟 All materials included – just bring your festive spirit!

📅 Book by 12th October to enjoy 10% off tickets

🎫 Tickets £45 each and available now through PTA Events





London Meed Primary School Newsletter

29th Sept 2025

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We really encourage you to sign up to this - it's free fundraising, especially if you tend to shop online for Christmas. You can even add a browser extension on your phone that automatically recognises the website and tells you how much you can raise from it! [For free!](#)

easyfundraising

Raise free donations for London Meed Community Primary School... every time you shop online!

How to get involved

- 1 Download the easyfundraising app
- 2 Choose us as your cause
- 3 See retailers donate whenever you shop

Contact Info

LMA@londonmeedprimary.co.uk

[@londonmeedassociation](https://www.instagram.com/londonmeedassociation)

KINDNESS CUP



Confidential and discreet help towards LMA events costs

Speak to a member of the School Leadership Team

Donated from our community, supported by LMA



Football Kit Collection

We're proud to support **Burgess Hill Town Juniors FC** in their project to collect football kits for children in Zambia. The LMA will be organising a collection at school to help with this effort.

We're accepting: football kits, training kits, shin pads, football boots, and socks - all in good condition (please only donate items you'd be happy to wear yourself). Donations can be left in the box by the school office.

Please donate by the 10th October.

LONDON MEED ASSOCIATION Events Schedule 2025/26

Halloween Disco	Thursday 23rd October (Y1-Y6 only)
Tiger Who Came to Tea Party	Friday 24th October (Reception only)
Movie Night	Friday 21st November
Christmas Wreath Workshop	Wednesday 26th November
Christmas Fair	Friday 5th December
Valentines Disco	Thursday 12th February
Easter Disco	Thursday 26th March
Summer Fair	Friday 3rd July
Summer Disco	Monday 20th July
Year 6 Leavers Disco	Tuesday 21st July

Plus more to come!





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29th Sept 2025

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London Meed are proud to support The Pantry again this year by collecting much needed donations for members of our local community. They are looking for:

Small boxes of tea (normal, herbal or decaf), Coffee (normal or decaf), Ketchup / Mayonnaise / Salad Cream Cereal, Washing up liquid, Biscuits, Laundry detergent, Shower gel, Shampoo & Conditioner Feminine hygiene products, Fruit juice (UHT), Milk (UHT), Sugar, Hot chocolate, Pasta sauces Please bring any donations to the office.

Thank you!

More Experts by Experience sessions available from West Sussex Mind

West Sussex Mind Parenting Service have more free Experts by Experience sessions planned over the coming months aimed at parents and carers:

- Wed 1 Oct: Emotional & self regulation skills in children & young people, 7.30pm - 9.30pm
- Wed 29 Oct: Supporting children and young people with identity development, 7.30pm - 9.30pm
- Wed 12 Nov: Supporting masking behaviours in neurodivergent children and young people, 7.30pm - 9.30pm
- Wed 10 Dec: Supporting children and young people who self harm, 7.30pm - 9.30pm
- Wed 21 Jan: Supporting self-esteem in children and young people, 7.30pm - 9.30pm.

You can book your ticket and find all the other upcoming training courses and events run by West Sussex Mind on their Eventbrite page: <https://www.eventbrite.co.uk/o/west-sussex-mind-8288439768>

Looking for help?

Come along for a cuppa, cake & a warm welcome at

Burgess Hill One Stop Support Shop

Held on the third Thursday each month
11am-1pm at The Salvation Army

There will be a wide range of services to offer residents free, face-to-face support and practical advice – all under one roof.

If you have any questions please call Burgess Hill Town Council on 01444 247726

Upcoming dates

2025:

18 September
16 October
20 November
18 December

2026:

15 January
19 February
19 March
16 April
21 May
18 June
16 July

Full address: 34 Cyprus Rd, RH15 8DX
Nearest parking: Cyprus Road Car park, Crescent Way

Co-organised by

BurgessHill befriended
Town Council



IS MY CHILD TOO ILL FOR SCHOOL?

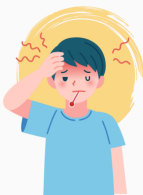
It can be tricky deciding whether or not to keep your child off school, nursery or playgroup when they're unwell.

There are government guidelines for schools and nurseries about managing specific infectious diseases at GOV.UK. These say when children should be kept off school and when they shouldn't. For more guidance please visit

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

If you do keep your child at home, it's important to notify the school on the first day before 9.20am to let them know that your child won't be in and give them the reason. You can leave a message on the absence line 01444 232336 or report their absence on the [Study Bugs App](#)

If your child is well enough to go to school but has an infection that could be passed on, such as a cold sore or head lice, please let their teacher know via their year group email address.





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29th Sept 2025

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We are recruiting

Our kitchens are recruiting.

Term time contract and school friendly hours.

ID for an enhanced DBS will be required.

Please contact us at

westsussex@chartwells.co.uk

to find out more.



www.yourspacetherapies.org

October Half Term Mindfulness Pony Day for Kids!

Date: Wednesday 29th October 2025

Time: 9am - 2pm

Location: Ponies 'n' Kids, Eaton Thorne Stables, Woodmancote, Nr Henfield, W.Sussex, BN5 9AG

Join us for a magical day designed especially for children ages 5-11! Dive into a world of peace, friendship, and mindfulness, all while experiencing the calming presence of our adorable ponies.

What to Expect:

Mindfulness Time with Ponies: Learn calming techniques and emotional regulation skills while spending quality time with our gentle ponies.

Pony Care: Discover the joys of caring for ponies through grooming, feeding, and building a bond.

Riding and Mounted Games: Experience the joy of pony rides and engage in fun, team-based games that promote confidence and cooperation.

Connect with Nature: Immerse yourself in the tranquillity of our beautiful, quiet stables and serene surroundings.

Make New Friends: Build connections and friendships with other children in a supportive, nurturing environment.

Scan the QR code or click this link to book: [Mindfulness Pony Day 29th October 2025](https://www.yourspacetherapies.org/booking)



Cost: £140 per child

Spaces limited to 15 children

We are an inclusive team and warmly welcome children with Special Educational Needs and Disabilities (SEND). We celebrate diversity and are committed to providing a supportive environment where every child can thrive.

Umbrellas

Parent Support Group
Autumn Term 2025

Would you like to connect with other local parent carers?

If you are a parent or carer of a child or young person with special educational needs and disabilities in West Sussex, please join us at one of our local support groups or from the comfort of your own home.



EMPOWER INFORM SUPPORT

Shoreham Umbrellas

Tuesdays, 10 am - 11.30 am
Adur East Family Hub (Shoreham)
9th Sep / 7th Oct / 4th Nov / 2nd Dec

Littlehampton Umbrellas

Wednesdays, 10 am - 11.30 am
Creative Heart Community Hub (upstairs)
10th Sep / 8th Oct / 5th Nov / 3rd Dec

Worthing Umbrellas

Tuesdays, 10 am - 11.30 am
Durrington Community Centre
16th Sep / 14th Oct / 11th Nov / 9th Dec

Horsham Umbrellas

Wednesdays, 10 am - 11.30 am
Horsham Family Hub
17th Sep / 15th Oct / 19th Nov / 17th Dec

Chichester Umbrellas

Thursdays, 10 am - 11.30 am
Donnington Parish Hall
25th Sep / 23rd Oct / 20th Nov / 11th Dec

Burgess Hill Umbrellas

Tuesdays, 10 am - 11.30 am
The Cherry Tree Centre
23rd Sep / 21st Oct / 25th Nov / 16th Dec

If you would like more information about our Umbrellas Support Group or would like the link to join Umbrellas online, please contact the outreach team.

Email: outreach-training@reachingfamilies.org.uk



www.reachingfamilies.org.uk

Umbrellas Online

Thursdays via Zoom

11th Sep	7.30 pm - 9 pm
9th Oct	7.30 pm - 9 pm
6th Nov	7.30 pm - 9 pm
4th Dec	7.30 pm - 9 pm

LITTLE STARTERS GROUP BURGESS HILL

PARENT CARERS AND CHILDREN 0 - 3 YEARS



Do you have a child or children under 3 years? Would you like to meet other parents in a small, friendly and nurturing environment? Then bring your baby and/or toddler(s) along to our Little Starters group where you can play together, make friends and find parenting advice and support.

When: Tuesday 10:00 - 11:30 - term time only

Where: Kings Church, 33-35 Victoria Road, Burgess Hill RH15 9LR.

Free entry - but £1 donation welcome. Light snack and drink provided for the children.

If you're thinking of coming along, or want to find out more, please call/message Emma on 07851 107005 or email EmmaS@homestartchams.org.uk

** We aim to respond within 3 working days during term time **

WWW.HOMESTARTCHAMS.ORG.UK



HOME START CRAWLEY, HORSHAM AND MID-SUSSEX IS A REGISTERED CHARITY IN ENGLAND (11215941)

THE RECTORY 1-2 BLENDALE COURT, BRIGHTON ROAD, CRAWLEY, WEST SUSSEX, BN11 4AD

HOME
START

Crawley, Horsham
& Mid-Sussex



London Meed Primary School Newsletter

29th Sept 2025

Bravery Curiosity Resilience Community Respect

A roarsome outdoor adventure this autumn!
18 October – 2 November 2025

ZOG™



Wakehurst

Book now at kew.org/wakehurst

 Royal Botanic Gardens **Kew**

Drum Lessons with Milo



Learn to play the drums in school. No need to have a kit at home. Grooves, fills, reading, songs with backing tracks and grades all covered. Individual or shared lessons. 30 years professional playing experience and over 20 years teaching in schools. See www.milofell.com for more information.

Contact milofell@hotmail.com

Her Move LIVE!

BOOK YOUR FREE TICKETS

SPONSORED BY

 **EAST GRINSTEAD SPORTS CLUB**

Try it. Move it. Love it! A day of FREE Sport & community fun for women and girls to get active.

At: East Grinstead Sports Club
Date: Saturday 27th September from 11.00 – 15.00

Visit www.hermoveuk

Come along and try out a wide range of sports and activities for ALL ages – from padel and pickleball to street dance, tennis, football and much more.

We're celebrating girls and women in sport, and offering opportunities for all females to get active. Bring along your friends and family for a fun day out!

[CLICK HERE](http://www.hermoveuk) to book FREE tickets or visit www.hermoveuk

*Limited numbers available on a first come, first served basis. Book early to avoid disappointment.

BOOK YOUR PLACE ONLINE*

