



Dear Parents and Carers,

This week has flown by and there is such a busy, purposeful atmosphere throughout the school. One of my favourite moments is hearing the children enjoying choosing new books and listening to stories in the library. I hope you are finding the new, plastic wallets helpful to protect our books (and stop them being eaten by pet dogs). It is hard to imagine that this time last year, Griff's Library was being used as an ICT suite! Please do read the book review by one of Year 6 pupils.

In Friday assembly, I have been talking to the children about how to stay healthy and have been impressed by their knowledge which has included: getting enough sleep, not using screens before bedtime, keeping active, drinking lots of water and eating a balanced diet. All children will be coming home today with an NHS leaflet called "Be a Swap Rockstar" which provides information about finding healthy alternatives to sugary foods. In the coming weeks we will be discussing how to maintain positive mental health and internet safety. Do remember that school can always support you if you

need advice on any of these areas. Some of our Year 2 pupils represented our school so well at the Multi-Sports event at The Burgess Hill Academy earlier this week. The children really enjoyed taking part in a range of activities



and their behaviour was exemplary.

Have a super weekend.

Natalie Langtree
Head teacher

London Meed Hero Award

Many congratulations to this week's London Meed Heroes.

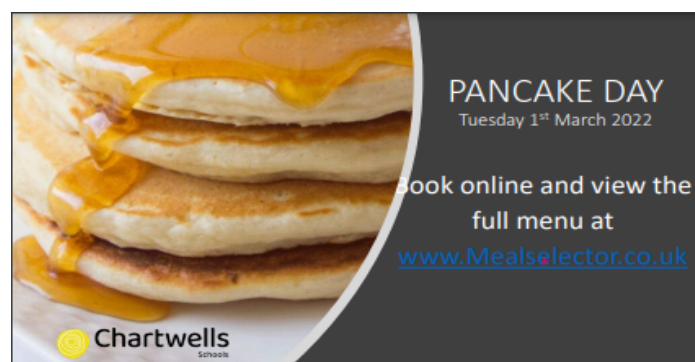
Name	Class	Reason
Alisha	Apples	For showing excellent resilience in her learning this week!
Finley	Cherries	For fantastic work in all areas of his learning this week!
Lilly-Ann	1S	For showing resilience when using her phonics knowledge to decode words when reading.
Theo	1DH	For excellent progress in phonics so far this year.
Vinnie	2M	For showing curiosity about polar animals and using this to help his class community.
Cadi	2DJ	For working very hard in maths recently and showing bravery by challenging herself.
Luke	3W	For being such a kind and respectful member of our school community.
Sophie	3C	For producing a fantastic diary entry for home learning.
Charlie K	4O	For an excellent start to his non-chronological report and for challenging himself to use the best vocabulary he can.
Oscar	4A	For beautiful presentation in everything he does. You take such care with all your work! Keep it up!
Alice B	5P	For always upholding the school values and for being a kind and supportive Talk Partner.
Oliver M	5S	For his resilience to improve his writing and for striving to do his best.
Daniel D.	6B	For his brilliant and confident participation in all class discussions and for always being a helpful and sensible member of 6B. Well done, Daniel!

Non-uniform - Wednesday 2nd February 2022

All children are invited to wear non-uniform to celebrate Two-Days!! next Wednesday 2.2.22. If it is your child's PE day please ensure they wear suitable clothing and footwear. Donations



are not required on this occasion, it is just for fun!





Book Review by Rebecca B 6D

Je m'appelle Kylian by Faro (*My name is Kylian*) is all about Kylian Mbappé (A French footballer who plays for Paris Saint Germain) and how he grows up to become the amazing player he is today.

This book tells you how he started playing football, how he grew up to love football, and how he got to be so good at it. Kylian starts playing football at a really young age, and his Dad being a football coach, Kylian has the chance to improve his skills, improve his game play and how to become the best he can be.



Many congratulations to Charley Harris, who along with Jessica Oliver (Team Wild Waves), entered

the Talisker Challenge to raise money for Shelter and Women's Aid. Charley very kindly came into school to speak with Year 5 before setting on her adventure in December. Team Wild Waves smashed the world record for a female pair rowing from the Canaries to Antigua by 5 days - arriving on Wednesday afternoon.

Wow, what true resilience and bravery!

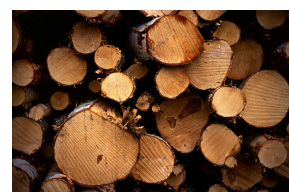
The Year 5 children cannot wait to hear all about this adventure and amazing achievement when Charley returns sometime in the near future.



TV celebrity!

Lukas (3C Dahl) was featured on Ski Sunday last week (23/01/22), skiing backwards and doing a 180 spin! Well done Lukas for your bravery!

Thank you!



Thank you to James Wilson from Tree Care, a local tree surgeon who very kindly donated logs for the children to sit on in the Forest School.




Sussex Community NHS Foundation Trust

Staying Healthy Illness Feelings Getting Help

A fun and interactive resource for learning about health

Games Activities Quizzes

Parents and Carers! As well as enjoying the content with your child, you can get advice on supporting their health and wellbeing.

www.healthforkids.co.uk

Follow us: @SussexCommunityNHS @NHS_SCFT

Parentline: Text a school nurse for confidential advice and support. **07312 277011**

Disclaimer: We may need to inform someone if we are concerned about your safety but we would usually speak to you first. Your messages are stored securely and can only be accessed by other authorised health care professionals who follow the same strict confidentiality rules. We aim to reply to your message within one working day and you should get an immediate message back from us to confirm we have received your text. Texts will only be sent Monday to Friday from 9 am - 4.30 pm (excluding bank holidays and weekends). If you need help before you hear back from us, please contact your GP, nearest walk-in centre or dial 111. In an emergency please dial 999. Unfortunately, our text number does not receive voice calls or NHS picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some number masking mobile apps). To opt-out of receiving messages from a healthcare professional, please text 'STOP' to our number. Messages are charged at your usual rates.

School Nursing Team Parentline text service

Launch of Parentline text service - 07312 277011

We have recently launched Parentline, a confidential text service which parents can use to contact the service about problems with their children's health, such as: sleep issues, continence, poor school attendance, emotional health, low self-esteem, low mood, low level anxiety, and lifestyle concerns such as weight loss or gain.



Burgess Hill Pantry

Burgess Hill Pantry was set up as part of the Town Council's 'No Cupboard Empty' project, to help residents struggling on low incomes stretch their household budgets a little further. The pantry is a community group, run by

volunteers to help people living in Mid Sussex. For a weekly membership of £4, residents can choose a selection of food to the value of around £20, helping budgets stretch further. There's a variety of food available including fresh fruit and veg, store cupboard favourites, bread and dairy products.

The Pantry is now open Tuesday & Thursday 10.00 am – 12.30 pm and 1.30 pm – 4.00 pm.

You can find more details and sign up on the [Burgess Hill Pantry webpage](#) or the [Burgess Hill Pantry Facebook page](#).



Contact Details

Please email office@londonmeedprimary.co.uk with any changes to your contact details. Many thanks.

Email addresses to contact teachers

Please only contact teachers via their year group email addresses listed below.

The Orchard	theorchard@londonmeedprimary.co.uk
Year 1	year1@londonmeedprimary.co.uk
Year 2	year2@londonmeedprimary.co.uk
Year 3	year3@londonmeedprimary.co.uk
Year 4	year4@londonmeedprimary.co.uk
Year 5	year5@londonmeedprimary.co.uk
Year 6	year6@londonmeedprimary.co.uk

Key dates

For up and coming key dates for this academic year please visit our website

<https://www.londonmeedprimary.co.uk/website/calendar/52708>

Term Dates 2021-2022 For WSCC term dates please visit https://www.westsussex.gov.uk/media/12668/2020-21_term_dates.pdf

Please remember to send your child in their PE kits on their allocated PE day below. Please note there has been a change in days for Apples and Cherries.

Apples	Tuesday and Thursday
Cherries	Monday and Wednesday
Year 1	Monday and Wednesday
Year 2	Tuesday and Friday
Year 3W Zephaniah	Monday and Friday
Year 3C Dahl	Tuesday and Friday
Year 4	Monday and Tuesday
Year 5	Wednesday and Friday
Year 6	Monday and Thursday

Spring term 2022	<p>Starts Tuesday 4th January</p> <p>INSET DAY - Friday 18th February</p> <p>Half term 21st February to 25th February</p> <p>Children return Monday 28th February</p> <p>Last day of term Friday 8th April</p>
Summer term	<p>Starts Monday 25th April</p> <p>INSET DAY - Friday 27th May</p> <p>Half term 30th May to 3rd June</p> <p>INSET DAY Monday 6th June</p> <p>Last day of term Thursday 21st July</p>



Academic Year 2022-2023 term dates including INSET

Days

Please see below the term dates for the next academic year including our INSET days.

Autumn Term 2022

INSET DAY -Thursday 1st September

Children return Friday 2nd September

INSET DAY - Friday 21st October

Half term 24th October to Friday 28th October

Children return Monday 31st October

Last day of term Friday 16th December

Spring term 2023

Starts Tuesday 3rd January

INSET DAY - Friday 10th February

Half term 13th February to 17th February

Children return Monday 20th February

Last day of term Friday 31st March

Summer term 2023

Starts Monday 17th April

INSET DAY - Friday 26th May

Half term 29th May to 2nd June

INSET DAY Monday 5th June

Last day of term Friday 21st July