Week one

30-Aug 20-Sep 11-Oct 01-Nov 22-Nov 13-Dec 03-Jan 24-Jan 14-Feb 07-Mar 28-Mar

Slices

Fruit

$_{1}$, $_{2}$, $_$	Veggie Bolognaise & Rice V Traditional bolognaise sauce with Quorn mince. Macaroni Cheese V Macaroni pasta in a creamy cheese sauce Jacket Potato with <u>Cheese or</u> <u>Beans V</u>	on the side Green Beans Carrots for dessert Yoghurt & Granola Fruit
A result of the second s	Ham Pasta Bake Smoked ham in a creamy pasta sauce Quorn Sausage Beany Hotpot V Quorn sausages in a tomato & bean sauce Jacket Potato with Cheese V	on the side Mixed Vegetables for dessert Apple & Mango Drizzle Cake Fruit
and if you wanted a set to react the set of	Roast Turkey, Roast Potatoes & Gravy Sliced turkey & gravy with roast potatoes Sweet Potato & Red Pepper Frittata v Cheese & vegetable frittata with roast potatoes and gravy	on the side Seasonal Vegetables for dessert Jammy Jack Flapjack Fruit

Jacket Potato with Baked Beans V

Beef Pasta Bolognaise Pasta in a traditional bolognaise sauce	on the side Sweetcorn Coleslaw
Cheese & Tomato Pizza V Cheese & tomato deep crust pizza	for dessert
Jacket Potato with Tuna Mayo	Oat & Honey Shortbread Fruit Salad
Fish & Chips Breaded fish fillet	on the side Baked Beans Peas
Quorn Hotdog & Chips V Served in a bun with ketchup	for dessert Yoghurt & Fruit

Jacket Potato with Cheese V

Week two

06-Sep 27-Sep 18-Oct 08-Nov 29-Nov 20-Dec 10-Jan 31-Jan 21-Feb 14-Mar

Cheese & Tomato Pizza V	on the side		
Cheese & tomato deep crust pizza	Peas & Sweetcorn		
Veggie Balls & Rice V Quorn balls in a tomato sauce	for dessert		
Jacket Potato with Tuna &	Muesli Flapjack		
Cucumber Mayo	Fruit		

on the side

for dessert

Yoghurt & Fruit

on the side

for dessert

on the side

Green Beans

for dessert

on the side ..

Baked beans

for dessert..

Banana Cake &

Peas

Custard

Fruit

Yoghurt & Granola

Sweetcorn

Fruit

Seasonal vegetables

Green Beans

Peas

Slices

Fruit

Sausages & Mash Mini pork & beef sausages in gravy

Veggie Sausage & Mash V Quorn sausage in gravy

Jacket Potato with Cheese V

Roast Chicken & Roast Potatoes Chicken in gravy

Cauliflower Cheese Bake V Cauliflower in a creamy cheese sauce

Jammy Jack Flapjack Jacket Potato with Baked Beans V Fruit

BBO Chicken Melt & Pasta Chicken in a BBQ sauce with cheese & pasta

Vegan Cottage Pie Soya Mince with peas, carrots and baked beans with a mash potato topping.

Jacket Potato with Cheese & Coleslaw V

Fish & Chips Breaded fish fillet

Veggie Burger & Chips V burger in a bun with ketchup

Jacket Potato with Cheese V

veek three	£2.33
13-Sep 04-Oct 25-Oct 15-Nov 06-De 07-Feb 28-Feb 21-Mar	ec 27-Dec 17-Jan
Veggie Pasta Bolognaise Quorn mince in a traditional bolognaise sauce	on the side Sweetcorn
Cheese & Tomato Pizza V	Green Beans
Cheese & tomato deep crust pizza	for dessert
Jacket Potato with Salmon Mayo	Oat & Honey Shortbread
	Fruit
have a second and a second and a second as	
Chicken Tikka & Rice Creamy mild tikka sauce	on the side Peas
	Carrots
Macaroni Cheese Macaroni pasta in a creamy cheese sauce	for dessert
	Yoghurt & Granola
Jacket Potato with Baked Beans V	Fruit

3

on the side ... Roast Pork, Roast Potatoes & Seasonal Vegetables Gravy Sliced roast pork in gravy for dessert .. Veggie Sausage, Roast Potatoes & Banana Cake & Gravy V Custard Quorn sausage in gravy Fruit Jacket Potato with Cheese &

on the side

for dessert...

on the side

Baked Beans

for dessert

Apple & Mango Drizzle

Peas

Cake

Fruit

Fruit

Mixed Vegetables

Yoghurt & Fruit Slices

Cottage Pie

Coleslaw V

Traditional cottage pie with vegetables and mash potato Chickpea & Butternut Squash

Curry & Rice V Mild creamy korma sauce

Jacket Potato with Baked Beans V

Chicken & Chips Chicken fillet in a southern fried coating

Omelette & Chips V Plain egg omelette

Jacket Potato with Cheese V



15.01.2020sjws

ednesdau

hursday

riday

È

onday

 \leq

Luesday