



## London Meed Primary School Newsletter

28th April 2025

Bravery Curiosity Resilience Community Respect

What a lovely first week back. It seems the children have all grown over the Easter holidays, especially some of the Year 6 children. There was so much lovely learning happening last week and the children were enthusiastic about their new topics. The Roman Day went down very well in Year 3 and ended with a pretend battle outside! They really got into character and are eager to find out more about the Romans. Mrs Grover reported that the children who attended the cricket festival were amazing ambassadors for our school and really enjoyed attending, developing new skills. The Year 5 children who went to Marten House had a great time meeting up with some of our older community members. This was the last group of children who will be visiting Marten House this school year, but we hope to carry on with more chances to meet the residents in September.



This week, our summer clubs all start. Please make sure you have signed up for the club your child would like to attend. We also have some Year 10 work experience students in this week supporting in classes across the school.

Thursday and Friday, Year 4 are off on their residential at Walton Firs. We are so excited about all the new activities we will get to try - crate stacking, archery, caving, climbing and low ropes. We look forward to sharing photos with you in the next newsletter.

## EXCITING NEWS - COMING IN SEPTEMBER - WOW BREAKFAST AND AFTER SCHOOL CLUB

We are so excited to announce that we will be having our own on site breakfast and after school club starting from September. This will be provided by Wow, who currently run similar clubs in Brighton and Hove. We will be sending out more information soon on timings of the clubs, pricing and how to book. Watch this space!



## **London Meed Association - LMA news**

As a parent or carer, you automatically join our LMA when you start at the school. We are looking for volunteers to help support the LMA with raising money for our school. Help can be as little or as much as you can offer and doesn't need you to attend meetings. It could be that you are amazing at graphics and could design posters for the event, it may be that you can spare an hour on the day of an event to help or it could be that you fancy being really involved and taking on a role. Please see the google form below for your help.

<https://forms.gle/SgZMWbBeXd9SZrJw7>

We won't lie, we were disappointed that only one new person attended our two welcome meetings yesterday but thanks to our Parent Reps, we got some really useful feedback from you regarding how we can help to engage more parents - thank you for this.

We do have our AGM for the LMA on Thursday 8th May at 7.00pm at school. We will provide refreshments, including wine!!!! Miss Dowley has offered to have children back for a pyjama party and film whilst the meeting goes on so please fill out the google form using the link below if you would like your child to attend -

<https://forms.gle/SgZMWbBeXd9SZrJw7>.

It would be really great to have some new faces coming to the AGM. This is where we vote in the new roles for the year - don't panic, turning up to the meeting doesn't mean you will be voted into a role. If you can, please do come along and find out how you can get involved. We will provide an online option for those parents who cannot attend in person.

Normally, the LMA hold their meetings at the pub so that it can be a bit of a social event as well. It really is a good opportunity to meet some other parents and make new friends as well as helping to raise money for the school.

The school would like to develop outside play over the next year and have asked us to fund some of this. The first item they would like to get are some outside swings for all the children to use. Please see the picture below.



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Our LMA met this week to discuss the up-coming Summer Fair on Friday 4th July from 3.30pm to 6.30pm. We are so excited with what we are planning but will need your help. Please use the following link to our google form for the items below.  
<https://forms.gle/SgZMWbBeXd9SZrJw7>

- We are looking for raffle prizes - do you work for or know a shop or company that would be willing to donate prizes for our raffle.
- Do you work for an estate agent or know an estate agent who would be willing to advertise our summer fair? Would you be willing to have an estate agents board in your front garden/outside your house advertising our summer fair?
- We will be holding a cake sale at the summer fair so if you love baking, please would you donate any baked goods. If you are a budding Great British Bake off baker and would like to make a stunning showcase cake, we would like some for our cake raffle.
- Are you good with graphics and can make posters? Would you be willing to help make posters and flyers for our summer fair?

## Save the dates:

- LMA AGM – Thursday 8<sup>th</sup> May at 7.00pm
- Thursday 22<sup>nd</sup> May – non uniform day for donations of sweets for the summer fair
  - Friday 13<sup>th</sup> June – non uniform day for donations of chocolate
  - Friday 27<sup>th</sup> June – non uniform day for donations of bottles
  - Friday 4<sup>th</sup> July – SUMMER FAIR from 3.30pm to 6.30pm



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On Thursday some of our Year 4 pupils attended a Burgess Hill Cricket Festival; introducing the children to the sport and partaking in the different skills needed. Fun was had by all

On Wednesday, we were lucky enough to have a former pupil, Ruby Nunns, come and speak to the children about playing in the National Youth Orchestra. Ruby performed several pieces on the trumpet, and hopefully she inspired some future musicians.



This Easter weekend Edie and Brooke took to the floor at the IBTA International Championships. Competing with Sussex Supremes against teams from across the UK and Ireland. All members did fantastically and won a huge amount of medals and trophies. Well done!



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**Many congratulations to our pupils who have been awarded this week's London Meed Hero Award**

<b><i>Name of child</i></b>	<b><i>Class</i></b>	<b><i>Reason</i></b>
Fernando A.	6B	For always having an exemplary attitude to learning, for being a very kind friend and a helpful member of our class! What amazing qualities to possess, Fernando!
Elliot	6H	For consistently demonstrating our school values. Elliot is a fantastic role model for our school community. He always works hard in class and is a kind and supportive friend. Well done Elliot!
Maia	5A	For demonstrating resilience and a focused, positive attitude to her work this week. Well done Maia!
n/a	5D	Double award to be announced next week
Miles	4S	For his excellent responses to the questions about Greek myths and for his incredible knowledge about them. Fantastic work Miles!
Darcy	4N	For sharing excellent ideas about ancient Greek myths. Darcy has demonstrated curiosity about her learning and is working really hard in class. Well done, Darcy!
Baxter	3T	Creating some fantastic descriptive writing for character and place, using expanded noun phrases, similes and the five senses. Keep testing your creativity and curiosity!
Hamza	3M	For showing resilience when adding fractions with the same denominator. You have also shown bravery when putting your hand up to answer questions in every lesson. Well done, Hamza!
Luca	2S	For working really hard to make good choices in school. We have noticed a difference in your behaviour and focus. Well done Luca!
Marley	2O	For an excellent start to the Summer Term. You have been ready to learn and enthusiastic about our topic on London. Fabulous!
Stanley	1M	For always being enthusiastic to share his own experiences with others. Stanley's zest for life is contagious and we all become a little more curious when we listen to Stanley's shared experiences. Well done Stanley!
Nala	1C	For showing resilience when using place value to show how many tens and ones are in a two digit number.
Aria	Apples	For having a fantastic attitude to learning and always trying her best. Also for super independence when learning and making great learning choices.
Carter	Cherries	For listening carefully to the clues to find the missing dinosaur.



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If you have any issues or questions in the first instance please email your child's class teacher via their year group email address or alternatively email [office@londonmeedprimary.co.uk](mailto:office@londonmeedprimary.co.uk) who will then forward your email onto the relevant member of staff. **Please do not send emails to individual members of staff as, if they are not in school, the email will not be read.**

<a href="mailto:theorchard@londonmeedprimary.co.uk">theorchard@londonmeedprimary.co.uk</a>	The Orchard
<a href="mailto:year1@londonmeedprimary.co.uk">year1@londonmeedprimary.co.uk</a>	Year 1
<a href="mailto:year2@londonmeedprimary.co.uk">year2@londonmeedprimary.co.uk</a>	Year 2
<a href="mailto:year3@londonmeedprimary.co.uk">year3@londonmeedprimary.co.uk</a>	Year 3
<a href="mailto:year4@londonmeedprimary.co.uk">year4@londonmeedprimary.co.uk</a>	Year 4
<a href="mailto:year5@londonmeedprimary.co.uk">year5@londonmeedprimary.co.uk</a>	Year 5
<a href="mailto:year6@londonmeedprimary.co.uk">year6@londonmeedprimary.co.uk</a>	Year 6

**Please remember to send your child in their PE kits on their allocated PE day below:**

Apples - Monday and Thursday

Cherries - Tuesday and Friday

Y1 - Wednesday and Thursday

Y2 - Tuesday and Friday

Y3 - Wednesday and Friday

Y4 - Tuesday and Thursday

Y5 - Tuesday and Wednesday

Y6 - Monday and Thursday

**Amazon Wish Lists** - Thank you so much for your overwhelming support with this.

It is important that when you order, you put a message inside with the delivery saying which year group it is for and who it is from so the children can say thank you to that child. Please also ensure you order through the list as this will then remove the item so it is not purchased again.

EYFS <https://amzn.eu/i9G1rlm>

Year 1 <https://amzn.eu/9mK2jpx>

Year 2 <https://amzn.eu/2kD7gYv>

Year 3 <https://amzn.eu/iGSxtVp>

Year 4 <https://amzn.eu/84IbWMY>

Year 5 <https://amzn.eu/dYucRra>

Year 6 <https://amzn.eu/9JiNJVo>

SEN Support <https://amzn.eu/7Lor7mH>

London Meed New Nurture Room and Sensory room <https://amzn.eu/37ZfDXi>





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## Forthcoming diary dates

Date	Event
Monday 28th April	Class and leavers photos
Thursday 1st May to Friday 2nd May	Year 4 Residential at Walton Firs
Monday 12th May to Friday 16th May	Year 6 SAT's Week
Monday 19th May to Friday 23 May	Science week
Thursday 22nd May	Non-uniform day for donations of sweets for the summer fair
Tuesday 3rd June to Friday 13th June	Year 4 Multiplication checks taking place
Tuesday 3rd June	Year 1 to Sea Life Centre
Wednesday 4th June	Year 5 to Bedelands
Friday 6th June	Sports Day and Community Picnic
Monday 9th June to Friday 13th June	Phonics Checks for Year 1 and some Year 2
Wednesday 11th June	Steel drum workshops for Year 2, Year 4 and Year 6
Friday 13th June	Back up Sports Day and Community Picnic
Friday 13th June	Mad hair day for donations of chocolates for Summer Fair
Tuesday 17th June	Year 3 to Fishbourne Roman Palace
Friday 27th June	Non-uniform day for donations of bottles for the summer fair
Monday 30th June	Reception to Drusillas
Wednesday 2nd July	Transition day - children meet new teachers
Wednesday 2nd July	Meet the new teacher for parents - 3.15pm to 3.45pm
Friday 4th July	Summer Fair from 3.30pm to 6.30pm
Friday 11th July	Reports go out
Wednesday 16th July	Year 6 to Out of Bounds
Friday 18th July	Discos - 3.15 to 4.00 - Reception, Year 1 and Year 2 4.15 to 5.00 - Year 3, Year 4 and Year 5
Monday 21st July	Year 6 Disco and Fish and Chips



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## Term Dates 2024-2025

For WSCC term dates please visit

<https://www.westsussex.gov.uk/education-children-and-families/schools-and-colleges/school-term-dates/>

## London Meed Academic Year 2024-2025 term dates including INSET Days

Bank Holiday - 5th May

**INSET DAY - Friday 23rd May** Half term 26th May to 30th May

**INSET DAY Monday 2nd June**

Last day of term Tuesday 22nd July

2025-2026 INSET Days: 3rd Sept 25, 3rd Nov 25, 5th Jan 26, 23rd Feb 26, 1st June 26

### Is my child too ill for school?

It can be tricky deciding whether or not to keep your child off school, nursery or playgroup when they're unwell. There are government guidelines for schools and nurseries about managing specific infectious diseases at GOV.UK. These say when children should be kept off school and when they shouldn't. For more guidance please visit <https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

If you do keep your child at home, it's important to notify the school on the first day before 9.20am to let them know that your child won't be in and give them the reason. You can leave a message on the absence line 01444 232336 or report their absence on the [Study Bugs App](#)

If your child is well enough to go to school but has an infection that could be passed on, such as a cold sore or head lice, please let their teacher know via their year group email address.

### **Adastra Stoolball Club**

Our junior stoolball club has been established for over 35 years, associated with the Mid-Division County League. We welcome new members aged between 8 and 16 years (Year 4 and above) to learn new skill of our old Sussex game, played locally for over 140 years.

We meet every Wednesday evening starting 30<sup>th</sup> April 2025 in Adastra Park, Hassocks, by the sports pavilion. Different ages meet at different times between 4.15 and 7.15pm.

Please contact Mrs Joy Mans for more information. We look forward to hearing from you.

Mrs Joy Mans

07986 584 228

01444 236782

Email: [j\\_n\\_mans@btinternet.com](mailto:j_n_mans@btinternet.com)

### **Free Trial Session and £40 discount at Perform**

Popular children's drama and dance school Perform is offering a Free Trial Session and a **special introductory discount of £40 for members of London Meed Community Primary School** if they sign up by Wednesday 14th May 2025. Parents should quote LMCP140525 when they book their free session by going to [perform.org.uk/try](https://perform.org.uk/try) or calling 020 7255 9120.

The nearest classes to London Meed Community Primary School are St Wilfrids Centenary Hall, St Wilfrids Way RH16 3QH - Saturdays 9.30am Drama 4-7 years and 11.15am 7-12 years





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GD GYMNASTICS AND DANCE ACADEMY

## LONDON MEED AFTER SCHOOL GYMNASTICS CLASSES!

Join us for gymnastics classes at your school for fun, friends, and exciting new skills to learn!

TUE	3:15-4:15pm	After School Club KS2
WED	3:15-4:15pm	After school Club KS1

London Meed Primary School Burgess Hill RH15 9YQ

**JOIN US! TRIAL CLASSES AVAILABLE NOW!**

CLASSES FOR ALL AGES AND ABILITIES!

gdgymnasticsanddanceacademy@gmail.com  
07594305424



GD GYMNASTICS AND DANCE ACADEMY

## BURGESS HILL FRIDAY EVENING GYMNASTICS CLASSES

Join us for local gymnastics classes for fun, friends, and exciting new skills to learn!

FRI	5-6pm	Little Gym
	6-7pm	High Rollers
	7-8.15pm	Advanced

London Meed Primary School Burgess Hill RH15 9YQ

**JOIN US! TRIAL CLASSES AVAILABLE NOW!**

CLASSES FOR ALL AGES AND ABILITIES!

gdgymnasticsanddanceacademy@gmail.com  
07594305424

Run by Mrs Stacey, the Burgess Hill Marching Youth has spaces for new members to join their fabulous, friendly team! The band teaches music to children aged 7+ (Year 3 upwards). You can learn to play clarinet, flute, saxophone, cornet, baritone or percussion. If you already play an instrument - even better! Come and see what fun you can have if you join our band.

## Join us at London Meed!



### There's no better time to learn an instrument!

- First 4 weeks are **FREE**
- £10 per month thereafter
- Open to anyone aged 7+
- Performance opportunities
- Beginner to grade 8+
- Instrument & uniform provided



For more  
Information  
& to registrar

bandmaster@bhmy.org  
www.bhmy.org  
Scan our linktree in QR code



Providing affordable music tuition in West Sussex.



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# Sussex Dental Helpline



**0300 123 1663**

Open Monday to Friday, 8am to 4pm



Or email us: [kcht.dentalhelpdesk@nhs.net](mailto:kcht.dentalhelpdesk@nhs.net)

### CYBER PROTECT WEBINARS



#### The Digital Dilemma: Keeping Children Safe Online

Sessions in April, May and June  
available to book NOW!

**TICKETS ONLINE:**  
Eventbrite: Police - South East Cyber

#### FREE WEBINAR FOR PARENTS & CARERS

run by Police Cyber Protect teams

Hints and tips to secure your family  
online, covering cyber risks and scams in:

Gaming



Social Media



Email

#### TO BOOK YOUR SPACE:

Click [here](#), scan the QR code  
or search online for "eventbrite police southeast cyber"



DON'T LET IT BE **GAME OVER**  
**LEVEL UP** YOUR ONLINE SECURITY



# Staying safe online

March 2025



## Parent and Carer Digital Safety Newsletter

### Online influence and dangers to young people

Following the Netflix drama Adolescence, it's clear that young people today are growing up surrounded by toxic online influencers on social media that portray masculinity and the treatment of women and girls in an alarming manner.

Social media algorithms can amplify extreme content, such as misogynistic posts, which normalises harmful ideologies for young people and can leave them feeling confused or anxious and may even lead to harmful behaviour.

### What can parents do?

- Firstly, familiarise yourself with what your child is looking at on the internet. It is useful to familiarise yourself with terms and emoji language, CCDH has a useful [glossary of terms](#), (like incel, bluepill, chad, looksmaxxing) which can help understanding of the cultures online.
- Being familiar with the most common platforms and understanding how your children engage with them. For example, do they post regularly, share content, have lots of friends/followers?
- Talk to your child about what they are engaging with online and how it makes them feel.
- Have conversations with your children about the sites and chat forums they visit. Their views may be attached to their identity, and attacking the views may feel personal. This is called 'Identity Fusion' and although you may not change their mind immediately, moving them into uncertainty is a positive start.
- Explain to your children about age appropriateness and help them understand how they can change algorithm 'bubbles' if they feel they are seeing too much of a particular kind of content.
- Teach your child to block, mute, unfollow, and report content that makes them feel uncomfortable.
- If you are concerned your child is being harassed or negatively influenced online, report it to the Police.
- Please watch our [Eventbrite collection page](#) for parents webinars coming soon.

